**Sliding Scale Agreement**

In an effort to provide psychotherapy to more individuals of all economic means, Kathryn Zawislak Therapy and Associates offers a limited number of sliding scale options for individuals in need. Financial need is self-assessed. I understand that Kathryn Zawislak Therapy and Associates’ fee for a 60-minute initial evaluation is $160. Usual and customary follow-up therapy sessions are 53 minutes and billed at $135.

I am electing to request a reduced session rate of (choose a fee between $0-50 below) for these followup sessions. I further understand this offer is valid so long as I maintain regularly scheduled appointments – at least twice monthly, and am current with my payment. I am also aware I may be able to request a shorter session duration, as clinically determined by my therapist of 45 minutes at a reduced rate (to be discussed after initial on-boarding and treatment). I request to pay a reduced fee of: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ per session. I understand that this reduced rate is good for 1/3/6 months, and will expire on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Upon expiration, I may renegotiate a rate for services based on my financial status and Kathryn Zawislak Therapy and Associates practice’s availability. I further understand I may lose my reduced rate should I take a break from sessions, attend fewer than two (2) sessions per month, or miss a payment. The reduced rate option is contingent upon my financial means and the fee agreement will become null and void when my financial status improves. I agree to notify Kathryn Zawislak Therapy and Associates immediately as my financial status improves, so that a new agreement can be reached. My signature indicates that I have reviewed and understood the terms and conditions of the Sliding Scale Program.

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